

## Wiley Park PSSA

## **Cross Country**

## 2023

Organised by: R. Simmiss, on behalf of Wiley Park Zone PSSA

Date: Tuesday, 16 May 2023

Venue: Peace Park, Ashbury

Method of entry: School team

Entry instructions: 6 runners per school, per event

Cost to enter: \$5.00 per student payable through schools

Time: 10am arrival, to finish approx. 2pm

Wear: School sport uniform, suitable footwear - no spikes

Regional representation: The first 6 placegetters in each event will represent

our zone at the Sydney East cross country, to be held

at Miranda Park on 15 June, 2023.

Apparel (New!): Wiley Park PSSA hoodies will be available to

purchase – cash only

Officials: Each school is to bring one official as well as a teacher

to supervise their students. A job list will be sent out

in the week running up to the carnival

Program: Each lap of Peace Park is about 1km, so the 8, 9 & 10

year olds will do 2 laps, the 11 & 12s will do 3

Event	Category	Distance
1.	8/9 yrs Girls	2000m
2.	8/9 yrs boys	2000m
3.	10 yrs girls	2000m
4.	10 yrs boys	2000m
5.	11yrs girls	3000m
6.	11 yrs boys	3000m
7.	12yrs girls	3000m

## Presentations will be held throughout the day, as the races finish

Course Map: White line indicates 1 lap.

Assemble on paved area near finish line

